ANNOUNCING THE 2014 SSP INTERNATIONAL WILDERNESS GATHERING FOR MEMBERS INCLUDING A THREE NIGHT SOLO
Wednesday, August 13 - Sunday, August 17, 2014

This SSP international gathering will offer a valuable and unique opportunity to experience shamanic living.

"...The well-known Native American Vision Quest is an example of ceremonial time alone dedicated to seeking inner knowledge and direction from the spirit world. Saints and mystics from all religions are equally known for their long stays in nature, isolated from the business of everyday life." Jose Luis Stevens

Join your fellow SSP members from around the world at this unique five-day wilderness gathering in the Sangre de Cristo Range of the Rocky Mountains in Northern New Mexico. We will gather on two thousand acres of wild land with mixed pine forest and a wide variety of terrain, including meadows, forest and rocky ridges with views of the surrounding Rockies and the Great Plains that stretch eastward toward the Texas and Oklahoma panhandles.

- 3 solo nights
- 5 delicious meals in an outdoor kitchen before and after the solo
- Complete support in preparation, guidelines, and what to expect prior to arrival in New Mexico
- Support while on solo, including water and daily check-ins
workshops. You can also find a local practitioner who can provide you with healing work. This website lists hundreds of teachers who have trained with Sandra Ingerman to teach shamanic practices to improve the quality of your life as well as healing methods. We are an alliance of teachers and practitioners who work together in the spirit of love and cooperation and collaboration.

Sandra Ingerman, MA is the author of 8 books including "Soul Retrieval", "Medicine for the Earth", "Shamanic Journeying: A Beginner's Guide", and "The Shaman's Toolkit". She created this international alliance of shamanic teachers and practitioners.

www.shamanicteachers.com

- Opportunity to meet with all participants in integration and sharing after the solo experience

This incredible opportunity is brought to you by SSP for $375, which includes 5 meals and complete support for the 5 days. Travel and equipment are not included.

Look for more detailed information on our website soon. Registration will be available online in March. If you would like to reserve a spot now, please contact sara@shamansociety.org.

This is a unique and incredible opportunity. We hope you can join us.

GOING SOLO IN NATURE
The Ancient Shamanic Practice For Awakening To Spirit
By Jose Luis Stevens Ph.D.

Why spend solo time in nature?
Solo time in nature is worth its weight in gold when it comes to relief from the daily grind of stressful conditions at work. But relief from work stress is far from the only advantage offered by solo time in nature. The mystics and shamans of old went to nature because they knew that the only way to recharge was to hook up with something more powerful than they. What better way to recharge than to sit on a mountain, in a forest, or next to a waterfall for a few days and nights? They knew that some of that natural power could be gathered and stored using special techniques and then applied later to their active endeavors. There is no reason why an ordinary person, or a business or organizational leader cannot learn and apply similar techniques to recharge, gather, store, and apply the renewed vitality gained from solo time.

During a solo a participant can engage in a series of powerful ancient practices designed specifically to break through old patterns, gather and store vitality, and enhance visioning. There is great power in doing a solo under the guidance of an experienced solo guide who supervises the experience of a number of people doing solos in the vicinity. This brings a measure of safety to the experience as well as a sense of community even though the time is spent in solitary. After the solo the group can
Spirited Medicine is an exciting contribution to the integration of the ancient healing system of shamanism into modern Western society. Most of its authors are dually trained as both healthcare providers and shamanic practitioners, and collectively they offer a broad framework and powerful clinical examples of how to attend to the soul of those who fall ill. Filled with practical strategies for healthcare and shamanic practitioners alike, this book brings shamanism forward from its historic and animistic origins into a broad range of Western medical settings: surgery, psychotherapy, rehabilitation medicine, family medicine, naturopathy, osteopathy, hospice care, private practice and a general medical clinic.

Order now at this link

What happens on a solo?
In a true solo there are no outer distractions, nothing to leak or help discharge the power of the experience. Prior to and during the solo there is an all-important declared intent, a riveting focus to break through to gather power and clarity. This focus, this intent, makes all the difference in the world and distinguishes time alone from an ordinary vacation.

Read the full article on Going Solo in Nature here http://www.shamansociety.org/going-solo-jose-luis-stevens.html

SHARE YOUR WILDERNESS EXPERIENCES WITH US

In the Spring 2014 issue of The Journal of Contemporary Shamanism we will publish a roundup of SSP members’ testimonials to the importance of spending spiritual time alone in nature in an intentional way, such as a wilderness solo or vision quest. If you have benefited from such experiences, we would like to hear about them. Please write up a short description of where you went, what you did, what it meant to you, and how it impacted your shamanic life. These "letters to the editor" should be about 150-200 words. Please send to: Tom Cowan - cowantom@shamansociety.org

Deadline: March 14, 2014.